

# MY LEARNINGPRINT™

Name: \_\_\_\_\_

Date: \_\_\_\_\_



MY LEARNINGPRINT™ shows your unique combination of interests, abilities, experiences, and learning preferences

*The material inside this booklet will help you discover your own LEARNINGPRINT™ and explore how you learn best. In the same way that two fingerprints are never identical, you'll find that no two LEARNINGPRINTS will be alike.*

*That's what contributes to you being someone very special.*

# I. Strengths in School & Topics of Interest



**A. Strengths in School** This is about subjects taught in school. For example, math is one of my strengths. I like it and I am good at it. Reading, though, is not one of my strengths; I like to read very much. [It's okay to leave blanks.]

Subject Areas in School	*There are 2 columns because sometimes you won't like things you're good at, or vice versa.		Not taught in my class
	I Like It	I'm Good At It	
Reading			
Mathematics			
Social Studies			
Science			
Creative Writing			
Art			
Music			
Drama/Dance			
Physical Education			
Technology/Computer			
Other _____			

What is your favorite subject? \_\_\_\_\_

**B. Special Ideas to Explore** These are things I am curious about right now. For example, after watching a movie, I am very curious about how they do sound effects. That's my special topic to explore.



Special Topics or Ideas to Explore	



**C. General Areas of Interests** These are things I am very interested in and spend time doing. For example, I love drawing, and I spend a great deal of time drawing, so I would put a 4 in both columns.

What are the areas that interest you most? Circle the number that shows how interested you are. Circle "4" for those you like best. Circle "1" if you don't like it.

## General Interests

Which of these areas take lots of your time? Circle the number that shows how much time you spend in each interest area. Circle "4" for those you DO a lot. Circle "1" if you don't do it.

don't like ←-----→ like a lot  
1 2 3 4

no time ←-----→ lots of time  
1 2 3 4

1	2	3	4	<b>Creative Writing</b> (poetry, journals, writing for newspapers)	1	2	3	4
1	2	3	4	<b>Reading</b> (books, magazines)	1	2	3	4
1	2	3	4	<b>Sports</b> (swimming, playing balls, etc.)	1	2	3	4
1	2	3	4	<b>Helping People</b> (community service, volunteer work)	1	2	3	4
1	2	3	4	<b>Politics/Leadership</b> (local, community, state offices)	1	2	3	4
1	2	3	4	<b>Electronics/Mechanics/Technology</b>	1	2	3	4
1	2	3	4	<b>Arts &amp; Crafts</b>	1	2	3	4
1	2	3	4	<b>Performing Art</b> (Acting, Music, Drama, & Dance)	1	2	3	4
1	2	3	4	<b>Science</b>	1	2	3	4
1	2	3	4	<b>Nature</b> (animals, dinosaurs, etc.)	1	2	3	4
<b>Check Your Interest Level</b> (see above)				<b>Do you have other Specific Interest Areas?</b>	<b>Rate the Time</b> (see above)			
1	2	3	4		1	2	3	4
1	2	3	4		1	2	3	4
1	2	3	4		1	2	3	4

## II. Learning Style Preferences



### A. Ways to Learn

There are many ways to be taught new information. For example, I like to learn by reading. This is my preferred way to learn. What about you?

How do you feel when you ...				
Listen	listen to your teacher explain or tell you about a subject?			
Vision	watch the teacher demonstrate or give an example?			
Read	find out about a subject by reading?			
Get help from others	have a classmate or friend teach you?			
	have somebody older help you?			
Talk	talk/discuss assignments with friends?			
Do	do learning games?			
Use technology	use workbooks or computer programs?			
	take a class by yourself on a computer?			
	watch videos?			
Other ways to learn: _____				



### C. Best Conditions for Learning

People learn best in different conditions. For example, I learn best when there is some quiet background music, and it is early in the day. What about you?

How do you feel when you learn...				
Sound	with some sound (people talking or quiet music)?			
Light	in bright light?			
Temperature	when it is warm?			
Movement	when you sit still?			
Time	in the morning?			
Alone/Group	alone?			
	in a small group?			

What other things make you a special learner?



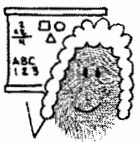
### B. Ways to Think

Everybody has his/her preferred way to remember new information. For example, I like to repeat from memory when I process new information. What about you?

When learning new information, do you like to ...				
Speak	repeat what the teacher said?			
	state it in your own words as if to explain to someone?			
Write	write a few sentences elaborating on it?			
	make a list of its key features?			
See	picture it in your mind?			
	draw a diagram, map, or illustration of it?			
Think Understand Remember	think of good examples?			
	think of past experiences that fit with or illustrate it?			
	think of an analogy or metaphor for it (i.e., "This is like...")?			
	think of ways to use it in real life?			
Do/ Practice	compare and fit it in with something you already know about?			
	do a "hands-on" activity to try it?			
	find/use a formula or rule containing it?			
	make up creative work containing it (story, poem, cartoon, etc.)?			

### D. Ways to Show What I've learned

We each prefer different ways to show that we have learned something. For example, I like to make a presentation. What about you?

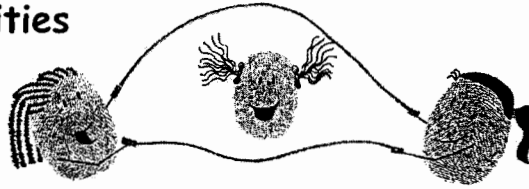


How do you like to show others what you have learned?				
Speak	make a presentation?			
	talk, discuss, or tell?			
Help others	help others do what you learned or lead others to understand?			
	write an essay or story?			
Write	take a test?			
	draw, using skills and creative imagination?			
Apply	make something to show?			
	act it out or demonstrate?			
Or other ways to show what you've learned _____				

### III. Activities and Experiences

#### A. Out-of-classroom Activities

These are the things I do after school or when I am not in the classroom. For example, I learn to play the guitar with my teacher at the Community Center. And I've gone there for 2 years. What about you?



Activities, Clubs, and Lessons I Do/Have done Outside the Classroom	How Long?

#### B. Family Experiences

These are the things about my family members and me. For example, we have a dog in our home that we are training to be a "seeing-eye dog." This is one of my family experiences. What about you?

Family Activities and Special Experiences



#### C. What I Do At Home

These are things I enjoy doing at home. For example, I just read the latest "Harry Potter." I walk my dog every day. What about you?

What I Do At Home

#### D. Hobbies and Collections

These are things I do for fun. For example, I like to draw cartoons for fun. I also collect baseball caps. This is my hobby. What about you?



Hobbies and Collections	How long?



#### E. Motivation

This is something that makes you move forward. It is like gas for a car. It is necessary to get the car started, and it keeps the car going. For example, I am motivated to learn to play the guitar because I want to be able to play and sing for people and I like the sound of it. What about you?

#### Motivation

I like to learn because \_\_\_\_\_.

I want to learn because \_\_\_\_\_.

Learning is easier for me when \_\_\_\_\_.

Learning is more difficult for me when \_\_\_\_\_.